# Port Decoupling vs Array Elements Decoupling for Tx/Rx System at 7-Tesla Magnetic Resonance Imaging

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Abstract—Symmetrically excited meandered microstrip line RF coil elements are widely used in multichannel approaches; i.e., being integrated in ultra-high field magnetic resonance imaging (MRI) systems (i.e., 7-Tesla and higher). These elements have demonstrated strong magnetic field in deep areas through the object under imaging. Designing a radio frequency (RF) coil array that employs these elements without decoupling networks might cause non-optimized driving performance of coil array which in turn result in non-clear image. In this paper, two different methods of decoupling are studied: port decoupling and array elements decoupling. In the first one, the coil elements are designed at Larmor frequency (297.3 MHz), while in the other one, the coil elements are designed at higher frequencies but matched at Larmor frequency. Port decoupling does not always mean element decoupling. Conventional decoupling methods, such as single capacitor or inductor, face challenges to realize the coil element decoupling for meandered microstrip arrays. An optimized reactive (T-shaped) network is needed in order to achieve element decoupling which in turn prevents distortion of the EM field. All simulation results have been obtained using the CST time domain solver (CST AG, Darmstadt, Germany).

#### 1. INTRODUCTION

MRI scanners with several magnetic field strengths and different shapes have proved its success in medical diagnosis. In addition to imaging, vendors are investigating the potential of MRI to be used in radiation therapy. Recently, there have been massive research studies on ultra-high magnetic field strength MRI scanners due to their promising results which were obtained in terms of higher SNR and better image quality [1-3].

The challenge of using ultra-high field scanners is that the RF power required for excitation is higher than that for lower field scanners [2, 4]. Increasing RF power level will increase the electric field created by the RF coil in addition to the magnetic field. This electric field will deposit in human body tissue and generates undesirable heating [5]. In general, specific absorption ratio (SAR) is usually high wherever a high  $B_1$  field exists. For MRI safety reasons, human body tissues have to be protected from overheating. This can be done by SAR monitoring during an MRI examination in order to avoid undesired levels of SAR [6].

Researchers have proposed several approaches in order to address aforementioned problems which appear when using ultra-high magnetic field. The famous one is the multi-channel parallel RF transmission approach. Static RF shimming is considered as the simplest technique employing this approach [7,8]. Sensitivity encoding (SENSE) technique is more complicated, where each transmit element uses a different pulses profile in addition to the variation in amplitude and phase during transmission [9, 10]. The most recent, inexpensive, and uncomplicated technique is Time Interleaved

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Acquisition of Modes (TIAMO) [11]. In order to apply multichannel approaches, researchers have developed different RF coil elements such as loops [12–15], ceramic resonators [16], microstrip transmission line elements [17–20], and radiative elements [21–23]. An optimal utilization of multichannel approach together with RF coil elements is to drive each channel independently. Thus, homogeneous excitation fields over a region of interest (ROI) can be achieved, and this requires good isolation between the coil elements.

In order to achieve this objective, several decoupling methods have been developed and investigated for different coil elements. In an earlier study of decoupling networks for an MRI phased array, a 2n-port decoupling interface has been used to decouple an n-element phased array [24]. In [25], a solid isolation among elements has been achieved by inserting a robust decoupling network between power amplifiers and transmit array elements. Capacitive and inductive decoupling methods have been developed to decouple the adjacent coil elements [26–28]. A parasitic decoupling elements method [29], in which the working principle is based on induced current elimination (ICE), has been presented as a successful decoupling technique for microstipline and monopole coil array elements [30, 31]. In [32], a good improvement in isolation between two closely dipole elements has been achieved by locating an electromagnetic bandgap (EBG) structure over them. Researchers did not stop their decoupling experiments depending only on parasitic elements or passive networks as aforementioned. They went further to modify the design of an RF power amplifier (RFPA) to behave as a current source, thus presenting very high impedance to the neighbouring coil elements in the transmit array [33]. In this case, a power amplifier (PA) is not matched for maximum power delivered. The second RFPA has been designed to have a unique property of ultra-low output impedance. It has demonstrated its capability to isolate the transmit coil elements for 3 T [34] and 7 T [35]. Accordingly, high isolation between elements as well as maximum power transfer were simultaneously achieved. On the other hand, feedback loops were also considered by research in order to reduce the coupling. For example, Cartesian feedback loops were developed, and their performances were verified for 3 T [36] and 7 T [37] MRI systems. An unconventional Cartesian feedback loop was additionally developed and implemented in [38]. It has been used with a new concept of coil current sensing by using a special combination of power amplifiers and coils [39]. Recently, an active decoupling technique using controllable decoupling design was developed and implemented [40].

In this paper, we try to find a convenient decoupling technique for microstripline elements used in 7 T MRI systems. After that, studying the difference between two decoupling methods, port decoupling and elements decoupling, will be introduced. The work presented in this paper is organized as follows. Section 2 presents the widely used microstripline coils in MRI systems at 7 Tesla and their advantages. Section 3 presents the simulation setup for two coupled meander coils. Section 4 discusses two different methods of decoupling: port decoupling and array elements decoupling. Section 5 discusses the results obtained from both decoupling methods, while the conclusion of these decoupling methods is presented in Section 6.

## 2. MICROSTRIPLINE ELEMENTS

RF coils with different types are responsible for transmitting radio frequency pulses at Larmor frequency to excite and interrogate the nuclei of protons in the object. The reflected signals from the nuclei will be detected in order to create the image. Although the advantages of high-magnetic field scanners exceed that for lower-magnetic field scanners, several challenges have appeared to design RF coils to make use of these advantages. At high frequency, tuning the RF coils to the Larmor frequency becomes harder. In addition, RF losses due to the coil or human tissues increase with frequency. In [41], transverse electromagnetic (TEM) coil has been used at high-magnetic fields to overcome these challenges. At 7T, TEM coil has been implemented for 32-channel parallel imaging using a lattice transmission line array [42]. Several design changes have been done to improve the performance of this coil in terms of the length of the microstrip line element, SAR, and the sensitivity of coil's feeding and cabling. A new feeding (centrally-fed) and cabling concept with the use of low dielectric substrate material between the microstrip line and the metallic background has been demonstrated in [17]. This coil has demonstrated high quality factor (Q-factor) and signal-to-noise ratio (SNR). Thus, improvement in MR images quality can be obtained. Further modification has been done on this coil by adding meanders at both ends

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of the microstrip line [18]. These meanders have demonstrated the penetration characteristic inside the human body and decreased the mutual coupling between the adjacent elements [43]. In [44, 45], the meanders of the coil have been loaded with high-dielectric material in order to reduce the SAR value to ensure the safety aspect of the patient. A comprehensive study on this coil has been done in terms of coil parameters such as resonance frequency, input impedance, and Q-factor [46]. The magnetic field distribution of the 3 proposed microstrip line coils has been demonstrated in [47]. These microstrip line coils have been used to implement several coil arrays in 7 T imaging. In [48], an 8channel transceiver microstrip array has been implemented to build a head coil, whereas in [49] a head coil has been implemented using 16 channels. Both microstrip arrays have demonstrated a promising performance in terms of B1 homogeneity and SAR efficiency. The utilization of microstrip array did not stop on building head coils only, it has also been upgraded to build a whole body coil for both 8-channel body coil [50] and 32-channel body coil [51, 52]. As a result, their corresponding arrays demonstrated promising results in terms of high image quality.

## 3. MATERIALS AND COIL ARRAY GEOMETRY

This study focuses on decoupling of two meandered microstrip coils by applying two different decoupling methods: port decoupling and element decoupling. Each coil has two conductors printed on an FR4 substrate ( $\varepsilon_r = 4.4$ , tan  $\delta = 0.02$ ). They have dimensions of (250 mm × 100 mm × 0.5 mm). A ground plane is placed 20 mm below the coil and works as reflector. Dielectric substrates ( $\varepsilon_r = 10$ , tan  $\delta = 0.0023$ ) have been used to load two meanders at the ends of the conductors. On the top of the meander, the dimensions of the dielectric substrate are (80 mm × 20 mm × 3.2 mm) whereas the dimensions on the back side are (70 mm × 16 mm × 3.2 mm). The homogeneous phantom material properties ( $\varepsilon_r = 45.3$ ,  $\sigma = 0.8$  S/m) are used to mimic the real human body tissue. The phantom is placed above the coil by a distance of 200 mm and has dimensions of (600 mm × 90 mm × 370 mm). The effect of different phantom heights on the coil performance is presented in [46].

Figure 1(a) shows the geometry of two coupled meandered microstrip coils with a gap of 100 mm between ground plates, located 200 mm below the homogeneous phantom. The prototype of the coupled coils is shown in Fig. 1(b). A quarter wave length coaxial cable with appropriate characteristic impedance has been used to match the coil input impedance to 50  $\Omega$  generator impedance. More geometrical details about the coil and its meanders are presented in [18, 46].



Figure 1. (a) The geometry of two coupled meander coils, (b) prototype of the coupled coils.

#### 4. DECOUPLING OF MICROSTRIPLINE ELEMENTS

#### 4.1. Port Decoupling

The decoupling network for the coil configuration presented in Fig. 1 has been presented in [53]. It has been designed based on the proposed decoupling network illustrated in [54]. The concept of this network can be summarized by the following: two transmission lines with appropriate characteristic impedance  $Z_o$  and electrical length  $\theta$  are connected directly to the input terminals of the coupled coils. The admittance seen at the other end of the transmission lines will be purely imaginary, which in case can be cancelled by adding a reactive component between the two transmission lines. Another decoupling network applies a similar concept used in [55]. The main difference was that they used reactive components instead of transmission lines as shown in Fig. 2. These decoupling networks demonstrated promising results in terms of port decoupling of meander coils. Port decoupling method permits the coil elements exciters to work independently from each other but does not isolate the coil elements, i.e., does not eliminate the induced current created due to mutual coupling. Fig. 3(a) shows how the induced current passes through the second element (right), which is terminated by matched load, and creates *H*-field when the first element (left) is excited by 1 Watt RF signal. Once the port decoupling network in [53] is integrated between the coupled elements, the induced current keeps passing and produces *H*-field as seen in Fig. 3(b).



Figure 2. Coetzee decoupling network.



Figure 3. Simulated |H| field in a mid-transverse section at 297.3 MHz. (a) Without DN, (b) with DN.

# 4.2. Element Decoupling

In order to decouple (isolate) the coil elements, the induced current created due to mutual coupling between the coil elements should be eliminated. In this paper, the work principle is based on designing the RF coil elements at different resonant frequencies and integrating a T-shaped decoupling network

between the coupled elements. The T-shaped decoupling network has been proposed in [56] to decouple closely spaced antennas for MIMO applications. This network has demonstrated a wideband isolation improvement between two strongly coupled antennas.

The resonant frequency of the coil element could be changed by changing the area of the dielectric substrates which covers the meanders in Fig. 1(a) (the green elements). Primarily, these dielectric substrates have been used to increase the electrical length of the coil element to get resonant frequency equal to Larmor frequency for 7 T MRI system (297.3 MHz). Once the area decreases, the electrical length decreases while the resonant frequency increases. In this case, the RF coil element acts as a capacitor at the Larmor frequency as shown in Fig. 4. The input impedance between the coil element terminals ( $Z_2$ ) increases after matching the coil element at 297.3 MHz (see Table 1). This increment in input impedance reduces the induced current ( $I_2$ ) after integrating the T-shaped decoupling network. This decoupling network is composed of two identical networks and a shunt part. The identical networks



Figure 4. Input impedance of meander coil in smith chart representation for different resonant frequencies extended between frequency range from 280 MHz to 320 MHz.

**Table 1.** Induced currents  $(I_2)$ , mutual impedances  $(Z_{21})$ , input impedances between coil element terminals  $(Z_2)$  and Q-factors for different resonant frequencies.

Resonant	$I_2$ (A) @ 2	$297.3\mathrm{MHz}$	$Z_{21}$ $(\Omega)$ @	297.3 MHz	$M_{\text{acc}}(\mathbf{Z}_{1})(\mathbf{O})$	Q-factor
Frequency	with M.N	with M.N	with M.N	with M.N	$\operatorname{Mag}(\mathbb{Z}_2)(\mathfrak{U})$	
(MHz)	& D.N	& without D.N	& D.N	& without D.N	@ 297.5 MHZ	
207.2	$0.189\angle 146^{\circ}$	0 1207 / 400	$0.267\angle 67^{\circ}$	1 270 / 100	5 25	97
297.0	(T-shaped)	$0.1327 \ge -42$	(T-shaped)	4.3762 - 46	0.50	21
207	$0.047\angle -143^{\circ}$	0 1744 /1420	0.0108∠170°	2 76 / 1240	20	<u> </u>
307	(T-shaped)	0.17442143	(T-shaped)	2.702134	29	20.0
335	$0.0062\angle -129^{\circ}$	0.177/1590	0.0102∠43°	$7.4.(120^{\circ})$	65	11.9
	(T-shaped)	$0.177 \angle 152$	(T-shaped)	1.4∠138	00	
335	$0.204\angle -152^{\circ}$	0 177 /1590	26.5∠120°	7 4 /1990	79	11.9
	(Coetzee)	$0.177 \angle 102$	(Coetzee)	1.4∠100	12	



Figure 5. T-shaped decoupling network.

contain a resister and a reactive part while the shunt part consists of a reactive part as seen in Fig. 5. The T-shaped network reduces the mutual impedance  $(Z_{21})$  as well. The mutual impedance  $(Z_{21})$  and input impedance  $(Z_2)$  expressions haare derived from the two-port network representation shown in Fig. 6. They can be obtained as follows [57]:

$$Z_{21} = \left. \frac{V_2}{I_1} \right|_{I_2=0} \tag{1}$$

$$Z_2 = Z_{22} + Z_{21} \left(\frac{I_1}{I_2}\right) \tag{2}$$

where  $I_1$  is the current passing through the first coil element (left) when it is excited by RF generator, and  $I_2$  is the induced current passing through the second coil element (right). Both currents have been calculated using current probes offered in CST. The self-impedance of the second coil element ( $Z_{21}$ ) can be obtained by:

$$Z_{22} = \frac{V_2}{I_2}\Big|_{I_1=0} \tag{3}$$



**Figure 6.** Equivalent network for two-coupled RF coil elements.



Figure 7. Simulated |H| field in a mid-transverse section at 335 MHz using Coetzee DN.

#### 5. RESULTS AND DISCUSSION

Induced currents, mutual impedances, input impedances between coil element terminals, and Q-factors for different resonant frequencies shown in Table 1 have been calculated by using the above mentioned expressions whereas all cases have been matched at Larmor frequency. It is obvious that by increasing the resonant frequency, the input impedance of the coil element increases while the mutual impedance and the induced current by using T-shaped decoupling network decrease. Coetzee decoupling network (Fig. 2), which has demonstrated high port decoupling, has been tested for elements decoupling purposes. The last case in Table 1 summarizes the results obtained by using a Coetzee decoupling network when utilizing RF coil elements designed at 335 MHz resonant frequency and matched at Larmor frequency. In spite of high input impedance obtained between the RF coil elements terminals at 335 MHz, the induced current keeps passing through the second element because the mutual impedance increases and creates magnetic field as shown in Fig. 7. In all cases, both decoupling networks demonstrate high port decoupling as shown in Fig. 8(a), whereas the S-parameters for two-coupled RF coil elements before adding decoupling network are seen in Fig. 8(b). Fig. 9 clarifies how the magnetic fields are created by the induced current in the element disappears gradually by increasing the resonant frequency in comparison with the case seen in Fig. 3.

In order to get clearer view on the improvement of H-field due to the reduction of induced current, 2D plots of H-field have been obtained in the mid transverse section as seen in Fig. 10. These plots have been made at 10 mm inside the phantom while the height of the phantom is 50 mm above the RF coil elements. This figure demonstrates the behavior of the magnetic field strength for the first three



Figure 8. (a)  $S_{21}$  with MN and DN for different resonant coils, (b) S-parameters with MN but without DN for 297.3 MHz resonant coil.



Figure 9. Simulated |H| field in a mid-transverse section at (a) 307 MHz, (b) 335 MHz.



Figure 10. Magnetic field strength, 10 mm inside the phantom at different frequencies.



Figure 11. Transmit efficiency at different frequencies: (a) 297.3 MHz, (b) 307 MHz and (c) 335 MHz.

Table 2	•	Values	of	T-shaped	and	Coetzee	decoupling	networks	elements	for	different	resonant
frequenci	es.											

Resonant	Decoupling	P	V	P( <b>0</b> )	T.L	C (pf)
Frequency (MHz)	Network	D	Л	n(32)	(electrical length)	$C_m(\mathbf{pr})$
297.3	T-shaped	-0.2549	-9.987	25.6	0.42	2.6
307	T-shaped	0.01438	339.78	88.6	0.262	5
335	T-shaped	0.00819	-2.549	60	0.258	8.35
335	Coetzee	-0.063	58.28		0.21	5.1

cases in Table 1. The first case, when the resonant frequency is at Larmor frequency (297.3 MHz), shows a reduction on magnetic field strength opposite to the driven element (the element on left) due to the mutual coupling. Once the resonant frequency increases (for example to 307 MHz as in the second case), the magnetic field strength opposite to the driven element increases due to reduction on the mutual coupling. In the last case, when the resonant frequency increases to 335 MHz, the magnetic field strength opposite the driven element decreases significantly. From these results, one can conclude that the second case provides high magnetic field over the driven element and very small one over the passive element which is the target required from using the decoupling network. The values of T-shaped and Coetzee decoupling networks elements for different resonant frequencies are summarized in Table 2. Another evaluation for such a decoupling method has been performed by simulating the transmit efficiency ( $B_1^+/sqrt(P_{acc})$ ) as shown in Fig. 11. The first case shows high transmit efficiency opposite to the driven element, in addition to unwanted region (opposite to passive element). The second case shows a concentration of transmit field distribution in the region of interest and a minimal effect



Figure 12. 10 g-based Local SAR at different frequencies: (a) 297.3 MHz, (b) 307 MHz and (c) 335 MHz.

on unwanted region. The last case shows a reduction of transmit field distribution. Fig. 12 shows the 10 g-based Local SAR for the three cases. A significant reduction in the maximum local SAR has been observed for higher resonant frequency elements. The max SAR (10 g) for the first case is 0.40 W/kg. For the second and third cases, the max SARs (10 g) are 0.47 W/kg and 0.088 W/kg, respectively.

## 6. CONCLUSION

This paper has demonstrated two different array coil decoupling methods: port decoupling and array elements decoupling. For port decoupling, a Coetzee decoupling network and T-shaped decoupling network have demonstrated high port decoupling for any resonant frequency at which the RF coil element has been designed and matched at Larmor frequency. This method can eliminate or even reduce the mutual coupling between two coil ports. In contrast, the induced current can appear within the passive element in the array due to the mutual coupling and distort the EM radiation from the active element. For coil elements decoupling, only the T-shaped decoupling network decouples the coil elements once the RF coil element is designed at a frequency higher (or lower) than the Larmor frequency and matched at Larmor frequency. The element decoupling is preferred since it ensures that no induced current passes through the passive element and maintains the EM field from original coil elements. Port decoupling actually distorts the original EM field.

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