

# A Simplified Implementation of Substrate Integrated Non-Radiative Dielectric Waveguide at Millimeter-Wave Frequencies

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**Abstract**—The substrate integrated non-radiative dielectric (SINRD) guide presents a rather complicated process of design and implementation because of multiple interrelated design parameters involved in the definition of structures. In this work, the size of SINRD guide is halved by using a perfect electrical conductor (PEC) image plane. Consequently, the number of modes in the resulting image SINRD (iSINRD) guide is equally reduced since all even modes including the  $LSE_{10}$  mode are suppressed. Furthermore, a simple yet accurate design method is proposed that takes into account many parameters involved in the design of an SINRD guide, especially dimensions of perforation and dispersion effects. Three iSINRD prototypes are fabricated to test the proposed method over the W-band frequency range. Two of the prototypes are based on Alumina substrate with different perforation profiles, and both exhibit insertion loss around 1 dB while the return loss is around 16 dB. The third is based on RO6002 substrate and exhibits an insertion loss of around 3 dB and a return loss of around 14 dB. To test the leakage loss caused by periodic gaps in the PEC wall, two iSINRD lines with one and three gaps were fabricated. The insertion and return losses of the former case are respectively 1.2 dB and 17 dB compared to 2.5 dB and 18 dB of the latter case.

## 1. INTRODUCTION

The Non-Radiative Dielectric (NRD) waveguide, shown in Fig. 1, was first proposed in [1, 2] as a low-loss waveguide that has fundamentally addressed the problem of radiation-at-bends-and-discontinuities. This radiation issue has been a well-known shortcoming of its H-guide predecessor [3, 4], which is also an inherent problem for other dielectric waveguides. Therefore, the name “non-radiative” was designated to highlight the physical meaning of this developed dielectric guide. This is simply achieved by ensuring that the operating frequency,  $f_g$ , is lower than  $f_x$ ; the cut-off frequency of the 1st parallel-plate mode in the air side-regions ( $f_x = c/2a$ ) [6]. As such, leakage into the side regions below  $f_x$ , due to bends and discontinuities is suppressed [1]. On the other hand, the development of substrate integrated circuits (SICs) suggests that any planar and non-planar structures can be integrated in a hybrid or monolithic manner thanks to the synthesis of non-planar structures in planar form. Designing the NRD guide with the concept of SICs yields the substrate integrated NRD (SINRD) guide [5, 6]. This differs from the NRD guide by the fact that the side regions that flank the guiding channel are made of a lower permittivity dielectric (other than air). This dielectric contrast between the two regions is achieved by perforating the substrate, less the NRD channel width, with non-metalized via holes, as per Fig. 1(a). Some typical perforation profiles are shown in Fig. 1(b) [7]. A perforated region generally has twice the width of the guiding channel to ensure a proper decay of the transverse fields (evanescent waves) in the side regions.

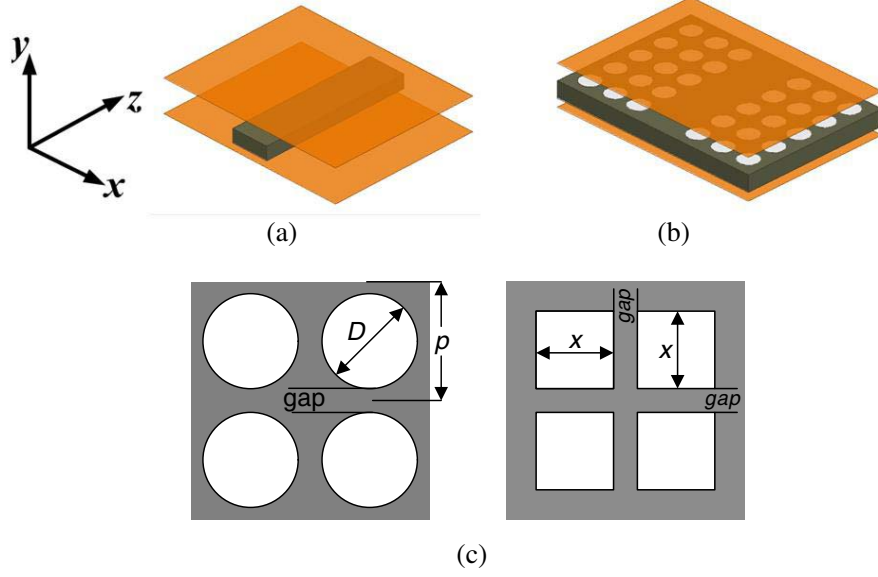
Although the perforation simplifies the physical fabrication of the SINRD guide, it nonetheless limits the application scope of the SINRD guide since the perforated regions are strictly reserved for

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**Figure 1.** (a) The NRD guide and (b) the SINRD guide, and (c) top views of different perforation profiles.

the air via holes. Furthermore, it complicates its theoretical design since any perforation profile will entail additional design parameters that must be accurately identified for operation at a desired  $f_g$ . Note that any dielectric contrast can be made possible through various techniques such as doping and composite. However, the technique of creating air holes is probably the easiest way to create an SINRD guide without resorting to any sophisticated micro-fabrication process.

In this work, the image approach [8] is applied to the SINRD guide, resulting in the image SINRD (iSINRD) guide, which is half the size of the former, and has significantly wider application potential compared to the SINRD guide. In addition, a simplified design approach is presented, which is applicable to any profile, as compared to the limited discussion in [6], and it takes into account the variation of  $f_g$  with  $\varepsilon_{r2}$  [9], which in [6, 7] is assumed constant. The proposed approach is based on the efficient Eigen-mode analysis technique discussed in [10] and conducted with the aid of a commercial Eigen-mode solver [11]. The proposed design ideas are validated by designing a set of different iSINRD transmission lines at 94 GHz.

## 2. THE IMAGE SINRD GUIDE

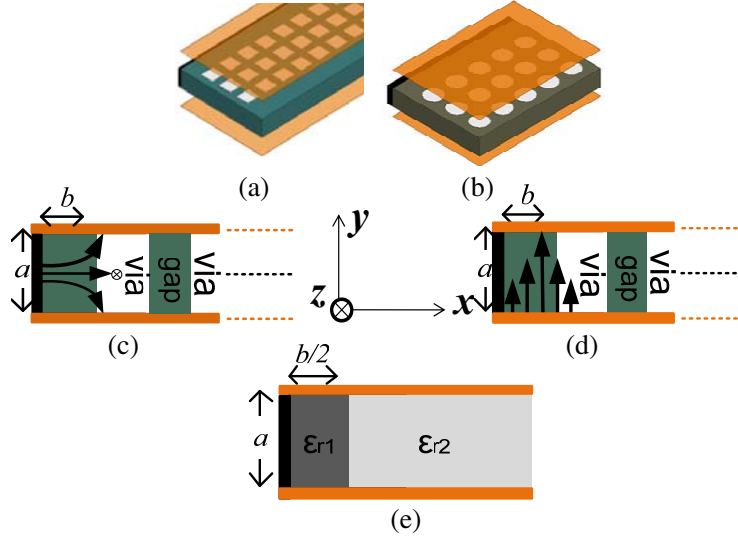
The iSINRD guide is realised by bisection of the SINRD guide with an image PEC wall, as shown in Fig. 2(a). The outcome is that the  $LSE_{10}$  and the  $TE_{10}$  modes are suppressed along with all other even modes. This leaves the  $LSM_{10}$  mode as the only dominant mode. Although the  $LSE_{10}$  and the  $TE_{10}$  modes are useful for some applications [12–14], the absence of the former solves the well-known problem of  $LSM_{10} - LSE_{10}$  mode conversion which occurs at bends and corners [15]; while the latter can be mimicked by the  $TE_{20}$  mode that the iSINRD guide supports. An example of application that benefits from the absence of the  $LSE_{10}$  mode is the iSINRD cruciform coupler reported in [16] while the planar iSINRD orthomode-transducer reported in [17, 18] is based on the use of the orthogonal  $LSM_{10}$  and  $TE_{20}$  modes. The cut-off of those modes can be obtained in a similar fashion as the conventional waveguide modeling by matching the  $E_y$  components at the air-dielectric interface, leading to the following equations:

**LSM<sub>10</sub> mode:**

$$\beta^2 = k_0^2 - (\pi/a)^2 - \beta_x^2 \quad (1a)$$

$$\beta_x \tan(\beta_x b/2) = (\varepsilon_{r1}/\varepsilon_{r2})\varphi \quad (1b)$$

$$\varphi^2 = k_0^2(\varepsilon_{r1} - \varepsilon_{r2}) - \beta_x^2 \quad (1c)$$



**Figure 2.** A schematic 3-D view of iSINRD guide with (a) a square profile and (b) a circular profile, (c) the  $E$ -field of the  $LSM_{10}$  mode and (d) the  $TE_{20}$  mode and (e) the perforated region represented as a dielectric material with a lower permittivity ( $\epsilon_{r2}$ ). Green: Substrate; white: air vias, black: PEC image plane; orange: metal covers.

**$TE_{20}$  mode:**

$$\beta^2 = \kappa_0^2 - \beta_x^2 \quad (2a)$$

$$\beta_x \cot(\beta_x b/2) = \varphi \quad (2b)$$

$$\varphi^2 = k_0^2 (\epsilon_r - \epsilon_{r2}) - \beta_x^2. \quad (2c)$$

where  $\beta_x$  and  $\varphi$  are, respectively, the propagation and attenuation constants in the guiding channel and the perforated regions.

### 3. PROPOSED DESIGN APPROACH

The best way of beginning the design procedure of the iSINRD guide is to visualize it as an alternative iSINRD waveguide with the side regions filled with an unknown dielectric material ( $1 < \epsilon_{r2} < \epsilon_{r1}$ ). This simplifies the discussion substantially. The  $\epsilon_{r2}$ -dielectric is an electrically abstract or equivalent representation of the perforated regions. Hence, regardless of what the perforation profile is, the designer needs only to look at the resultant or equivalent  $\epsilon_{r2}$ ; hereby reducing the design complexity to only three variables ( $a$ ,  $b$ , and  $\epsilon_{r2}$ ). Note that this concept of equivalence is only valid for a specific mode, namely the  $LSM_{10}$  mode in this case. Relating  $\epsilon_{r2}$  to the dimensions of the perforation profile is then left as a last step, which varies depending on the perforation profile. Fig. 2(c) illustrates a cross-sectional view of this visualisation.

The choice of a dielectric substrate suitable for the W-band applications is very tricky because not so many materials present low loss tangent ( $\tan \delta$ ) characteristics. Several studies confirm that the  $\tan \delta$  of many polymers (e.g., Teflon  $\epsilon_{r1} = 2.06$ ,  $\tan \delta = 0.00024$  and Polystyrene  $\epsilon_{r1} = 2.53$ ,  $\tan \delta = 0.0007$ ) and ceramic substrates (such as Alumina  $\epsilon_{r1} = 9.8$ ,  $\tan \delta = 0.00015$ ) up to 110 GHz is on the order of  $10^{-4}$  [19–21], which is roughly ten times less than its Rogers counterparts (e.g., RO6010) even at 10 GHz [22]. Note that the loss tangent is heavily dependent on frequency as its analytical formula suggests. For the design of NRD-class circuits, other factors should also be considered. For optimal wave guidance in the central channel, dielectric guides in general are typically designed with a high permittivity ( $\epsilon_{r1} > 9$ ) dielectric material [23]. This is because waves in such waveguides are primarily

surface waves, and hence a higher dielectric contrast between the dielectric and the surrounding medium correspond to better attenuation of the field in the surrounding; i.e., waves are more confined in the central dielectric [23]. Therefore, Alumina is chosen in the rest of this work. The discussion in the following subsection confirms this choice.

### 3.1. The Minimum Operating Frequency, $f_n$ and the Choice of Thickness $a$

For any given  $a$ ,  $b$  can theoretically assume any value in the abstract range  $[0 : \infty]$ . If  $b = 0$ , then the structure is a parallel-plate waveguide filled with a  $\varepsilon_{r2}$ -dielectric, whose 1st mode cut-off frequency is

$$f_{c1} = f_x = c / (2a\sqrt{\varepsilon_2}) \quad (3)$$

Since this is the maximum operating frequency of operation, then, for  $b > 0$ , the structure becomes an NRD guide whose  $f_g < f_x$ ; a rather obvious result. Now, if  $b$  is continuously increased to  $b = \infty$ , then the structure is again a parallel-plate waveguide, filled with a  $\varepsilon_{r1}$ -dielectric material, whose 1st mode cut-off frequency is

$$f_{c2} = f_n = c / (2a\sqrt{\varepsilon_1}) \quad (4)$$

Since  $f_n$  can only be obtained for  $b = \infty$ , and is independent of  $\varepsilon_{r2}$ , then it is intuitive to conclude that operation below this frequency is impossible for  $0 < b < \infty$ . Hence,  $f_n$  is the “minimum operating frequency” at which the NRD guide can operate. Since both  $f_x$  and  $f_n$  depend on  $a$ , each value of  $a$  corresponds to a distinct set of  $f_x - f_n$  limits or operating frequency bands ( $f_g$ -bands), as shown in Fig. 3. Thus, varying  $a$  in the range  $[0 : \infty]$  results in a super-band of  $f_g$ -bands. At the lower part of the spectrum, the bands strongly overlap, and the choice of  $a$  is no longer critical; i.e., the super-band saturates at lower frequencies. This scenario is reversed at the upper part of the spectrum. Hence,  $a$  should be chosen such that it corresponds to an  $f_g$ -band that covers the desired  $f_g$ .

### 3.2. Determining the Optimum Thickness $a$

The choice of thickness  $a$  should be such that the desired  $f_g$  is not close to either  $f_x$  or  $f_n$ , as unrealistic values of channel width  $b$  would be required (close to zero or infinity). For small increments of  $a$  (typically,  $\Delta a = 5$  mil), the decision should be made based on which band corresponds to the maximum number of  $\varepsilon_{r2}$  values for the desired  $f_g$ . This is to ensure design flexibility and robustness. That is, a wider range of  $\varepsilon_{r2}$  values gives more flexibility in choosing the perforation profile. This is illustrated in Fig. 3(b).

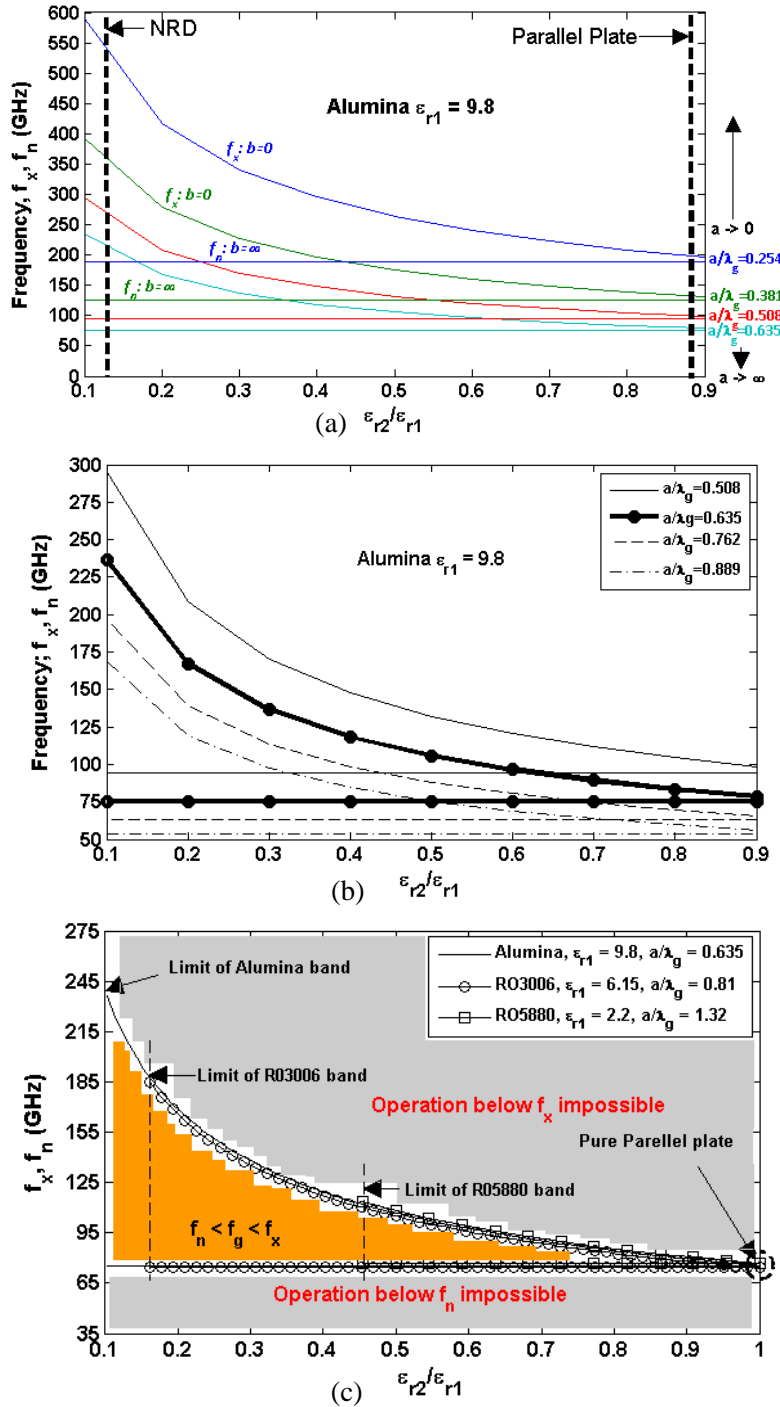
The above analysis is valid for any dielectric material and for any thickness. In fact, any particular  $f_g$ -band can be obtained with different  $\varepsilon_{r1}$ -dielectrics by adjusting their respective thicknesses,  $a$ ; as per Fig. 3(c). Obviously, for the same  $f_g$ -band, higher  $f_x$ , (and thus  $f_g$  and bandwidth) values can be attained with high  $\varepsilon_{r1}$  dielectrics, since a larger  $\varepsilon_{r2}/\varepsilon_{r1}$  contrast ratio can be theoretically conceived compared to the dielectrics with smaller  $\varepsilon_{r1}$ . This verifies the observation in [24] that high  $\varepsilon_{r1}$  substrates yield considerably larger bandwidth. Furthermore, compared to low  $\varepsilon_{r1}$  dielectrics, high  $\varepsilon_{r1}$  dielectrics require a smaller thickness “ $a$ ” to obtain the same  $f_g$ -band; which is in-line with the miniaturization trend of RF circuits. In light of the above, the optimum substrate and its thickness, for the W-band, are Alumina and  $a/\lambda_g = 0.635$ , respectively.

### 3.3. Determining Channel Width, $b$ and Effective Permittivity $\varepsilon_{r2}$

Intuitively, each  $f_g$ -band should in turn contain operation curves for different values of  $b$ , as shown in Fig. 4(a) for Alumina ( $\varepsilon_{r1} = 9.8$ ) with  $a/\lambda_g = 0.635$ . Ideally, minimizing  $\varepsilon_{r2}$  is desired as  $f_x$  would then be maximized; but this requires intense perforation and can increase substrate fragility. Conversely, high values of  $\varepsilon_{r2}$  reflect very little perforation and thus higher susceptibility to leakage. As a compromise,  $\varepsilon_{r2}/\varepsilon_{r1} = 0.5$ . According to Fig. 4(b), this corresponds to  $b = 0.826\lambda_g$ . In terms of bandwidth ( $\% \Delta f$ ), these values correspond to a 16.5% bandwidth, as per Fig. 4(c). The bandwidth is calculated using:

$$\% \Delta f = [(f_x - f_{c,LSM10})/f_g] \times 100\% \quad (5)$$

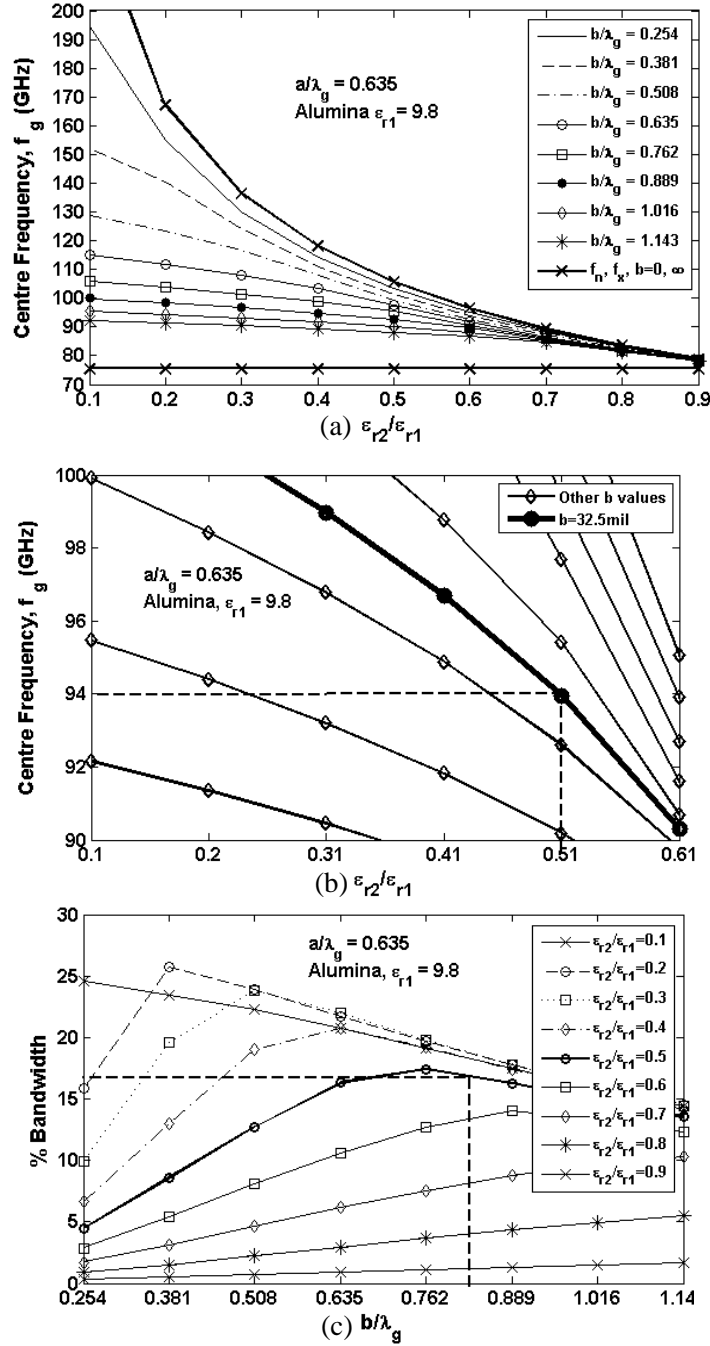
The choice of  $\varepsilon_{r2}/\varepsilon_{r1} = 0.5$  is further justified in the next subsection.



**Figure 3.** (a) Frequency bands for different thicknesses computed with MATLAB, (b) the SINRD guide frequency bands for different values of  $a$ , and (c) different dielectrics with unequal thicknesses having the same  $f_g$ -band.

### 3.4. Relating $\epsilon_{r2}$ to Perforation Dimensions

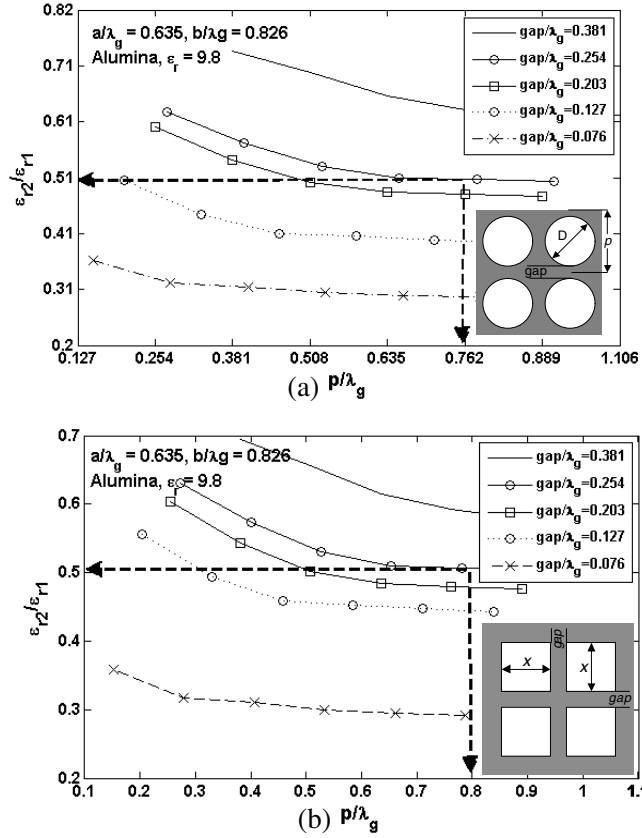
The remaining task now is to choose the perforation profile. Typically, factors such as fabrication feasibility and performance significantly influence the decision. On one hand, at the PolyGrameslab, the most feasible perforation profile is the periodic circular-via profile. On the other hand, a square-via



**Figure 4.** (a) Operation curves, within an  $f_g$ -band, for different values of the width,  $b$ , (b) validating the choice of  $\epsilon_{r2}/\epsilon_{r1}$  and  $b$  for the desired  $f_g$ , (c) and bandwidth corresponding to different ratios of  $\epsilon_{r2}/\epsilon_{r1}$  and different values of  $b$ .

perforation profile models the original NRD/iNRD guide more closely (since the only difference would be the periodic inter-via gaps). Hence, a trade-off is needed that would depend on the target application and/or the performance parameter being investigated. Fig. 5(a) and Fig. 5(b) display the relationship between the ratio  $\epsilon_{r2}/\epsilon_{r1}$  and the period  $p$  of circular-via and square-via unit-cells, respectively, for different values of  $gap$ . These relationships were obtained by simulating, for different  $gap$  values, a set of SINRD guide unit-cells with different  $p$  values, and a set of general NRD guides for different  $\epsilon_{r2}/\epsilon_{r1}$

ratios, and then comparing their dispersion curves. Then, if the dispersion curves of a generalized NRD guide with  $\varepsilon_{r2}/\varepsilon_{r1} = x$ , and an SINRD guide with  $p = y$ ,  $gap = z$ , are identical, it means that the two are identical waveguides. For example, in Fig. 5(a), a circular-via perforation profile with  $D/\lambda_g = 0.508$ ,  $gap/\lambda_g = 0.254$  (i.e.,  $p/\lambda_g = 0.762$ ) results in  $\varepsilon_{r2}/\varepsilon_{r1} = 0.5$  as selected above; i.e., almost 50% substrate perforation. Similarly, in Fig. 5(b), a square-via perforation profile with  $x/\lambda_g = 0.55$ ,  $gap/\lambda_g = 0.254$  (i.e.,  $p/\lambda_g = 0.8$ ) would be needed to obtain the desired  $\varepsilon_{r2}/\varepsilon_{r1} = 0.5$  ratio.



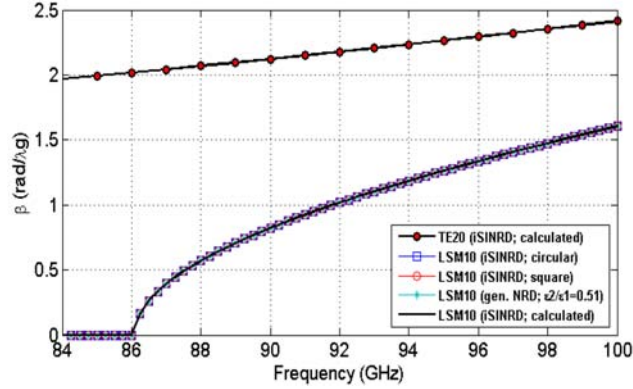
**Figure 5.** (a) Relating  $\varepsilon_{r2}/\varepsilon_{r1}$  to  $p/\lambda_g$  ( $p = gap + D$ ) for the circular and (b) square via profiles.

To conclude, this section provides an efficient way of choosing the optimum dimensions of the SINRD guide. Specifically, at 94 GHz using Alumina, and circular-via perforation, its dimensions are:  $a/\lambda_g = 0.635$ ,  $b/\lambda_g = 0.826$ ,  $D/\lambda_g = 0.508$ , and  $gap/\lambda_g = 0.254$ , respectively; corresponding to  $f_c = 84$  GHz, and  $f_x = 102.5$  GHz. Alternatively, the same performance can be achieved with a square-via perforation that differs from the circular counterpart only in the dimension of the square-via. In the case of the iSINRD guide, the width is  $b_i = b/2\lambda_g = 0.413$ . Fig. 6 verifies that the NRD, iSINRD and SINRD guides are identical, by plotting the dispersion curve of the  $LSM_{10}$  mode, obtained with the Eigen-mode solver using the equation (where  $\varphi$  and  $\Delta l$  are the phase difference and the length of the unit cell):

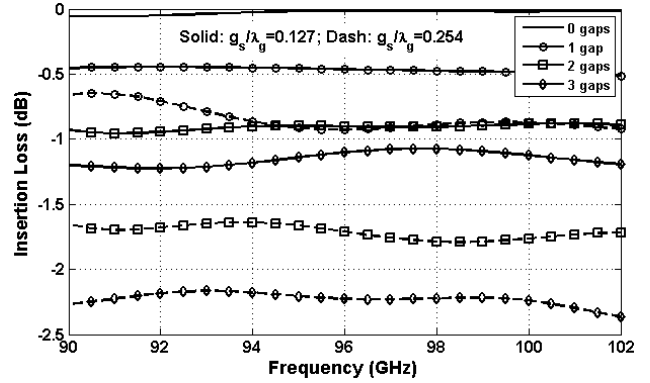
$$\beta = \frac{\pi\phi}{\Delta l} \quad (6)$$

The calculated dispersion curve of the NRD guide is also included and is identical to the simulated ones. It was obtained by solving Equation (1) above [25]. Also included in Fig. 6 is the propagation curve for the  $TE_{20}$  mode, obtained by solving the Equation (2) above.

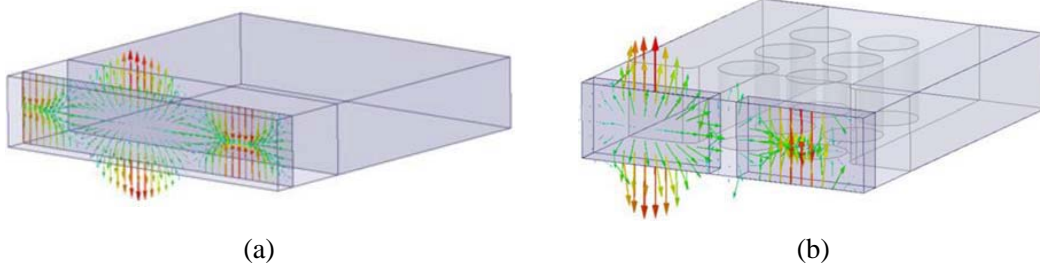
It must be mentioned that while the value of the width  $b$  deduced in the above discussion is the optimum for the desired  $f_g$ , other values can still be used. This is not a contradiction, given the fact



**Figure 6.** Propagation curves of the  $TE_{20}$  and  $LSM_{10}$  modes in the iSINRD guide.



**Figure 7.** The leakage loss in discontinuous-iSINRD guide compared to continuous-iSINRD guide (0 gaps).



**Figure 8.** (a) Current distribution of the  $LSM_{10}$  mode in the continuous-wall iSINRD guide and (b) the discrete-wall iSINRD guide.

that a specific value of  $b$  also corresponds to a bandwidth of frequencies, and thus any  $b$  value can well correspond to the desired  $f_g$ . The optimum value in this context refers to a value of  $b$  that results in a bandwidth centered at  $f_g$ . A non-optimum value of  $b$  then corresponds to a bandwidth that includes  $f_g$  but is centered at another frequency. This explains the reason behind using the term operating frequency instead of center frequency.

### 3.5. Continuous and Discontinuous Walls

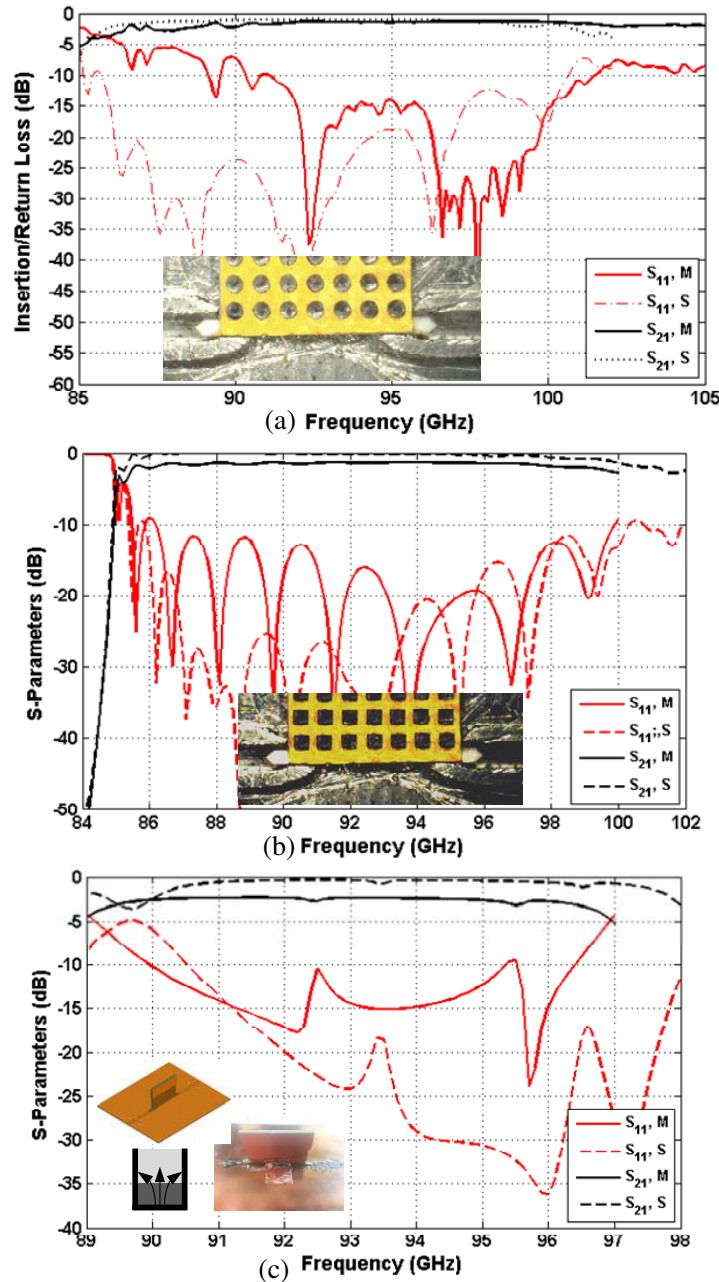
It is intriguing to investigate the effect of using a discontinuous metal wall instead of a continuous wall. Such a scenario can be realized with a row of periodic metalized slots. In this case, it is imperative to investigate the leakage loss due to the gaps between the slots, in order to determine the optimum number and spacing between gaps ( $g_s$ ). Indeed, Fig. 7 depicts the effect, on the insertion loss, of varying the number and dimensions of the gaps; assuming lossless dielectric and conductors. It is interesting to note that the leakage loss due to 1 gap with  $g_s/\lambda_g = 0.254$  and 2 gaps with  $g_s/\lambda_g = 0.127$  are identical. If the objective is strictly designing an SINRD guide circuit, then a maximum of two gaps with  $g_s/\lambda_g = 0.127$  or 1 gap with  $g_s/\lambda_g = 0.254$  should be used so as to minimize the leakage loss. Conversely, in applications such as leaky wave antennas, more gaps with a larger value of  $g_s$  might deliberately be used to enhance the radiation pattern. It must be noted that the introduction of gaps does not hinder the propagation of the  $LSM_{10}$  mode because the surface currents on the conducting walls depend mainly on the longitudinal component of the magnetic field [25], as shown in Fig. 8(a) and Fig. 8(b).



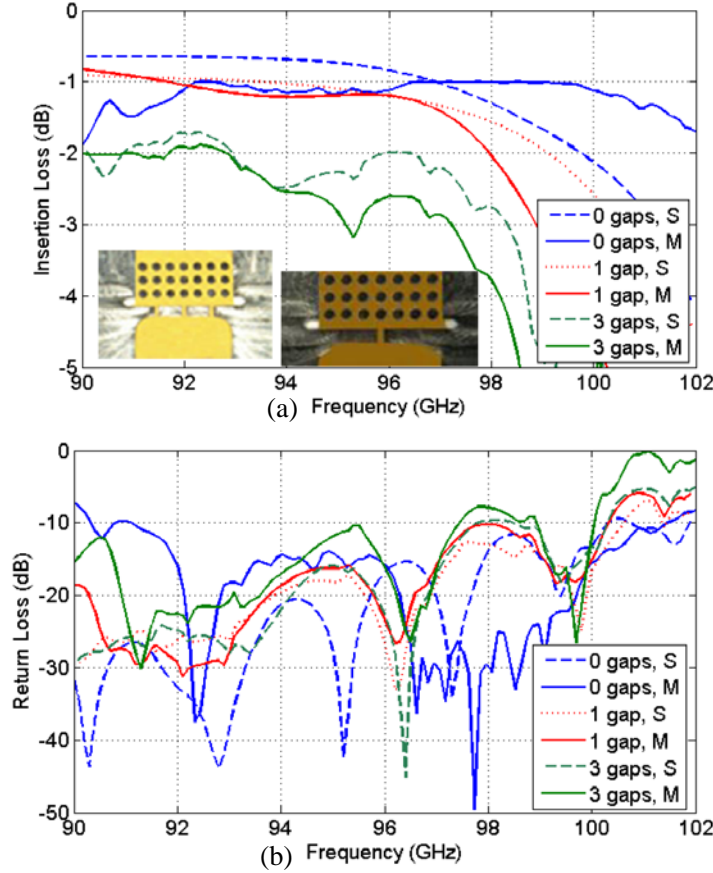
### 4. EXPERIMENTAL RESULTS

With the optimum dimensions of the previous section, continuous wall iSINRD guides (corresponding to the circular-via and square-via profiles), were fabricated and measured. Feeding of the  $LSM_{10}$  mode is done using a tapered transition to WR10 waveguide, as detailed in [26]. Measured results are shown in Fig. 9(a) and Fig. 9(b) along with the simulated  $S$ -parameters. In both cases, an insertion loss of around 1 dB and a reflection better than 15 dB was obtained. The fabricated prototypes are shown in the insets of Fig. 9(a) and Fig. 9(b).

To demonstrate the versatility of the iSINRD guide, an iSINRD transmission line prototype is



**Figure 9.** The simulated (S) and measured (M)  $S$ -parameters for (a) the circular via iSINRD guide, (b) the square via iSINRD guide and (c) the iSINRD realised with RO6002 substrate.



**Figure 10.** (a) The simulated (S) and measured (M) insertion loss and (b) return loss for different gaps.

designed using the method explained in [27, 28] and the PCB technique presented in [25]. In this configuration, the iSINRD guide is fabricated on a RO6002 substrate, and then assembled into a rectangular slot that is machined in a RO6002 substrate, as shown in the upper inset of Fig. 9(c). Here, the feeding is done from a WR10-SIW transition which is explained in [28], which is a much simpler method compared to the WR10 transition used with Alumina. The  $TE_{10}$  mode in the SIW guide is gradually tapered into the iSINRD guide where it converts to the  $LSM_{10}$  mode. The simulation and measured results of this transmission line are shown in Fig. 9(c), while the fabricated line is shown in the lower inset of the same figure. There is a noticeable discrepancy between the simulated and measured response. This is owed to several factors such as the fact that the loss tangent of RO6002 is significantly higher at 94 GHz compared to Alumina. Since the loss tangents of Rogers' substrates are only available at 10 GHz [22], a significant deviation is expected at 94 GHz. This explains the difference between the simulated and measured insertion losses. Furthermore, the solder effects, which are assumed non-existent in the simulation, further impacts the response since it can enter the air-vias that are not shielded (as per the design approach in [25]) as well as between the two substrates. Consequently, additional reflections are anticipated that cannot be accurately gauged. This explains the mismatch between the simulated and measured return losses. Nonetheless, the response is acceptable given the expected lossy nature of the Rogers' substrates at such high frequencies. The drawback in this approach is that it requires very precise assembly alignment and soldering to avoid gaps that would be in the order of the wavelength and can thus easily degrade the performance.

Finally, guides with 1 and 3 gaps were also fabricated and measured. The measured return and insertion losses are shown in Fig. 10(a), and Fig. 10(b), respectively. The insertion and return losses of the 1-gap line are 1.5 dB and 19 dB respectively, compared to 2.5 dB and 17 dB for the 3-gap prototype.

## 5. CONCLUSION

The image Substrate Integrated Dielectric (iSINRD) guide is introduced as an improvement to the SINRD guide. It is simply realised by dissecting the latter with a longitudinal metal wall. Thus, it offers 50% compactness, and suppresses the  $LSE_{10}$  mode and other parasitic modes. The latter is a nuisance for NRD circuits involving bends, and its suppression facilitates the use of the iSINRD guide in many novel applications. An alternative and simple methodology for designing general NRD-class guide circuits was also devised and discussed. Specifically, it aids in accurately justifying the choice of dimensions for the guide, as well as the choice of the perforation profile. The advantage of this methodology is that a maximum of only two graphs (Fig. 3(b) and Fig. 4(a) combined, and a graph similar to Fig. 6) is required to determine all the dimensions, even though the iSINRD involves *at least* three times the number of parameters of the original NRD guide. Furthermore, if a dielectric of effective permittivity is used instead of air, then only one graph (Fig. 3(b) and Fig. 4(a)) is needed. A number of prototypes were fabricated and tested and the measurements in general are satisfactory.

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